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 <p>Society of St. Vincent de Paul St. Teresa's Conference</p> <p><i>New Volunteers Appreciated!</i></p> <p>For assistance or to donate: 709-579-7201</p>		 <p>www.jesusmaryjoseph.ca</p> <p>May God bless you and those dearest to you. Amen.</p>	
 <p>T: 709-753-6845 office@caul's.ca</p> <p><i>A Tradition of Trust since 1890</i></p>			
 <p>Focused on you.</p>  <p>Jim DINN M.H.A. St. John's Centre 709-729-2638 jamesdinn@assembly.nl.ca</p>		<p>Leave a legacy Consider leaving a bequest or other legacy gift or donate in memory of a loved one.</p>  <p>Honour someone special Mark a milestone or special occasion by making a donation in honour of a friend, colleague or loved one. Email: stteresascampaign@gmail.com</p>	
<p>Thank you all for supporting our parish community, and for your stewardship of our Church Property!</p> <p>To advertise on this Page please email: stteresascampaign@gmail.com</p>			

Visit us on the web at www.stteresa.ca

May 31, 2026 ~ The Solemnity of the Most Holy Trinity



Embracing the Mystery

The Christian confession of a triune God cannot be explained, it can only be believed. It is not a cop-out to proclaim that this belief is rooted in mystery. Mystery is the essential language and experience of belief. We lose something when we try to explain a mystery instead of embracing it. It may make us uncomfortable; it may provoke more questions than answers. Regardless, it does not suggest the weakness of mystery but rather the beauty, the wonder, and the awe.

Embracing belief and living as a person of faith is a singular journey. You cannot believe for someone else, and that person, even one you dearly love, cannot believe for you. It is also important to understand that as singular as the journey of faith may be, it ultimately ends in community. Belief does not isolate a person, but rather invites a person to connect with others who also walk in faith.

The community/communion of the triune God—Father, Son, and Holy Spirit—is the perfect witness to the truth that mystery creates. One God, three divine persons. The Eucharist that we celebrate on this day proclaims the unity of our belief—to the Father, through the Son, by the power of the Holy Spirit.


Fr. Thomas M. Santa C.Ss.R.
Liguori Publications

St. Teresa's Parish - Served By The Redemptorists
Since Sunday, October 21, 1956

Fr. Ciro Perez C.Ss.R.
Fr. David Purcell C.Ss.R.
Fr. Tony Bidgood C.Ss.R.
Noel Oco C.Ss.R.

Telephone: 709-579-0065
120 Mundy Pond Road, St. John's, NL, A1E 1V1
Fax: 579-3804

Website: www.stteresa.ca, Parish Email Address: stteresasparish@rcsj.org
Parish Office Hours Monday 9:00am to 1:00pm, Tuesday to Friday 9:00am - 4:00pm
Our bulletin is available online.



Weekend Masses

Saturday: 5:00pm
Sunday: 9:00am, 11:00am
Spanish Mass - 3rd Sunday of month @1:00pm

Weekday Masses

Monday & Wednesday: 7:00pm
Tuesday, Thursday & Friday: 8:00am
(Weekday holidays - Mass moves to 9:00am)
Our Mother of Perpetual Help Devotions included in Wednesday Mass.
Adoration follows Friday Mass.

Reconciliation

Wednesday 6:30 - 7:00pm & Saturday 3:00 - 4:00pm or call the parish office for an individual appointment with a priest.

Marriages

A minimum of six months advance notice is required. A marriage preparation program is required to be married in the church.

Baptisms

Please contact the Parish Office to schedule the pre-baptism course and for more information. A copy of the child's birth certificate must be provided before the baptism.

Visit us on the web at www.stteresa.ca

Collection May 23/24, 2026

Green Envelopes \$5,506.00
Loose Collection 1,526.75
E-Transfers 140.00
Total of above \$7,172.75
Archbishop's Appeal \$270.00 (Total \$2,610.00)
Pope's Pastoral Works \$125.00 (Total \$1,479.00)
Acknowledged with gratitude.



Parish Pastoral Council is hosting an outdoor Multicultural Social Event on Saturday, June 13 at 12:00 noon until 3:00pm on the property behind the church. We invite members from all groups in the parish to share their cultural treats, activities, and/or music with all our parish community. Participating groups should confirm their intention, with contact information for a representative(s) to meet and to make further plans. Please contact the parish office or Anne Marie Fleming at flemingmyc@gmail.com for further information.

Training and Refresher for Ministries

Saturday, June 6 from 10am - Noon, we will have a training/refresher meeting for our different ministries in the church. All are encouraged to attend this important session.

Tap Machine

To help facilitate people making contributions to our Parish, the Parish Finance Committee will be installing a Tap Machine in the Church. This will provide another option to enable parishioners and visitors to support our Parish. This will happen sometime over the next few weeks. More details to follow.

Donation information

Please do not send E-Transfers for St. Teresa's Mundy Pond Corporation or St. Vincent de Paul to St. Teresa's Parish email. We are three separate entities with our own accounts.

Parish Envelopes

We kindly ask the parishioner who is using envelope number 556 to contact the parish office.

What Am I Free For? Reflecting on Moral Theology in the Catholic Tradition **A three-evening series with speaker** **Fr. Kevin O'Neil, CSsR**

When? Monday, June 22, Tuesday, June 23 and Wednesday, June 24 at 7:00 pm
Where? St. Teresa's Church
Admission is free

Fr. Kevin O'Neil is a Redemptorist moral theologian who has taught at the Catholic University of America and offered sessions and courses all over the world.

Pope St. John Paul II once described the moral life as our response to the many acts of love that God has taken on our behalf. We have been gifted with freedom to respond to the love of God and moral theology is a discipline to assist us in living the moral life. During our days together we will study the building blocks of moral theology such as freedom, character, human dignity, sin and conversion. We will also examine the criteria for judgments of right and wrong and how that is reflected in Church teaching. Finally, we will review the process for the formation and exercise of conscience. In the end we hope to have greater clarity about what we are free for and how our moral theological tradition can guide along the right path.



Congratulations to our 42 children who received First Communion this weekend. May this day be an initial step into a life-long love of the Eucharist.

Mass Time Change

Due to unforeseen circumstances Mass on Monday, June 1 will be at 8am. There will be no 7pm Mass.

Vocation to the Redemptorists

Be the hope that proclaims the Good News of Plentiful Redemption. Discover your call and join us in our Mission of Evangelization!

If interested please contact The Redemptorists at 416-789-3217, vocations@redemptorists.ca or www.redemptoristsvocations.ca



Baptism - May, 2026

Through the waters of Baptism we welcome:
Cyra Liviya Benigno
Duru Muna Ebubechim
Michael James Fewer

Adaolisa Trinity Okeke
Preyuna Tello

We pray that their journey of faith is filled with great joy. Congratulations!

Annual Celebration of Marriage and Family Life

On Sunday June 14, at 3:00 p.m., the Archdiocese will be hosting our annual Mass celebrating the Sacrament of Marriage and the gift of Family Life at the Cathedral-Basilica of St. John the Baptist. All are welcome and invited to attend this celebration. Couples married in the Catholic Church who register by June 8th will be officially acknowledged at the Mass and receive a special blessing as part of this celebration. A registration form can be found on the Archdiocesan webpage (www.rcsj.org), or registration can be taken by phoning the Archdiocesan Office of Evangelization and Catechesis at 709-726-3660 ext. 2. (For those unable to attend, the Mass will be live streamed at [Cathedral Basilica Foundation - YouTube](#)). A reception will follow Mass at the Cathedral.

Marriage Preparation

The next Marriage Preparation course is scheduled for **November 7, 2026**. The deadline for registration is **October 23, 2026**. It is recommended that couples complete the course at least six months prior to their wedding. Registration can be completed at this link: <https://rcsj.org/chancery/marriage-preparation/register> Couples will receive further information upon submission of registration. The next course will take place in late Spring 2027 (May).

Cemetery Liturgy Services 2026 ~ all at 7:00pm

Gate of Heaven Cemetery - Tuesday, June 30
Kilbride Cemetery - Tuesday, July 7
Mt. Carmel Cemetery - Tuesday, July 14
Belvedere Cemetery - Tuesday, July 21
Holy Sepulchre Cemetery - Tuesday, July 28

June 7, 2026 - The Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)
First Reading - Deuteronomy 8.2-3, 14-16
Second Reading - 1 Corinthians 10.16-17
Gospel - John 6.51-59

Mass Intentions June 1 - 7

Monday 8:00am Edward and Patrick Coleman
Joseph Sampson, Richard Greene
Annie and Joseph Lake
Tuesday 8:00am Catherine and Alphonsus Lawlor
Rose Edwards, Kevin Baker
Henrietta and Robert Philpott
Robert Philpott Jr.
Wednesday 7:00pm Peter Miskell, Reuban Warren
Vincent McDonald, Doug Cooper
Thursday 8:00am Eric Carroll, Michael A. Dillon
Jeanette Walsh, Deanne Conway
Friday 8:00am Msgr. Denis Walsh, Rowena Sharpe
Jeanette Coombs, Yvonne Duffenais
Saturday 5:00pm The Parishioners
Sunday 9:00am James and Vera Devereaux
Michael Barrington, Michael Dillon
Ralph and Effie Maidment
11:00am Mary Margaret and Stephen Keough
Lavinia and Sydney Young
Abbott and Hannaford families
Intentions of Sister Ann John
Cunningham

Natural Family Planning — Free Training
Join Dr. Karen Stillman, retired OB/GYN & Certified Marquette Method NFP Instructor, for a free NFP training session on **Saturday, June 6, 9am**, The Lantern on Barnes Road. Whether you're newly married, growing your family, or simply want to understand your body the way God designed it, this event is for you. Learn the basics or go all techie with 4 ways to choose from. Space is limited — contact Dr. Karen to register and get more details. Email her
→ kstillman@womansdr.com or call/text
613-314-9802.

Msgr. Rawlins Assembly monthly meeting will be held May 31st at Knights of Columbus building, Witless Bay at 2pm. Please make sure to bring any sold tickets for the Father's Day draw on June 16th. Hope to see everyone there.